

## 24/7 FITNESS

Address	Telephone
G/F & L/G, Cameo Court, 63-69 Caine Road, Central, HK	6651 0288
7th Floor, Golden Era Plaza, 39-55 Sai Yee Street, Mongkok	6936 0247
8/F, South Asia Commercial Center, 64 Tsun Yip Street, Kwun Tong, Kowloon	9606 8247
G/F & B/F, Kin Tak Fung Commercial Building, 467-473 Hennessy Road, Causeway Bay, HK	6936 4938
G/F & 1/F, 190 Aberdeen Main Road, Aberdeen, Hong Kong	6091 4247
G/F & 1/F, Wuhu Residence, 111 Wuhu Street, Hung Hom, Kowloon	9185 5559
Shop No. 103 & 105, No. 8 Leung Tak Street, Tuen Mun	6099 3247
G/F & 1/F, Sun Lee Building, 6-28 Ngoi Man St, Shau Kei Wan	9441 0203
G/F & 1/F, 372 Ma Tau Wai Road, To Kwa Wan, Kowloon	6575 7247
Shop B, 409 Queen's Road West, Elegant Garden, Sai Wan	9141 0247
G/F Shop, Penta House, 190-192 B Tai Po Road, Sham Shui Po, KLN.	5645 6247
Shop C on Ground Floor and Unit A-C on Upper Ground Floor, Siu Wah Building, 116-122 Tsat Taz Mui	6526 7247
Road, North Point, HK	
Shop 3, G/F, 1/F & 2/F, Po Fung Building, 59A Yuen Long On Ning Road, Yuen Long, N.T.	9170 7247
1/F, The Garrison, 28 Mei Tin Road, Sha Tin, New Territories	6738 8247
Shop No.302, 3/F, Port 33, No. 33 Tseuk Luk Street, San Po Kong, Kowloon	6855 3247
4/F, 120 Lung Cheung Road, M2 Square, Wong Tai Sin, Kowloon. (Former site: Hsin Kwan Centre)	6994 4247
1/F, Kin Lee Building 130- 146 Jaffe Road, Hong Kong, Wan Chai.	9201 8247
14/F, Tai Po Commercial Centre, 152 -172 Kwong Fuk Road, Tai Po	6063 8247
Shop 201-203 2/F & 1/F Strand 50, No.50 Bonham Strand, Sheung Wan.	5605 5247
G/F-1/F, 19 Wing Hing Street, Tin Hau	5640 4247
1-11/11F., Corporation Park, 11 On Lai Street, Shek Mun, Shatin	5169 9247
Shop B, 3/F., Lik Sang Plaza, 269 Castle Peak Road, Tsuen Wan, New Territories	9717 1247
Shop 9, Ground Floor, Hutchison Estate, 2 Lei Muk Road, Kwai Chung	6223 8247
11/F., PeakCastle, 476 Castle Peak Road, Kowloon	5300 3247
Shop LG18-21, Lower Ground 1 Floor, Tin Yiu Plaza, Tin Yiu Estate, Tin Wu Road , Tin Shui Wai, NT.	5622 6247
2/F., Block S, Lee Kee Building, 55 Ngau Tau Kok Road, Kowloon Bay (Near Amoy Plaza)	5229 7247
Shop L306 & L308, 3/F, Cheung Wah Shopping Centre, Cheung Wah Estate, 38 San Wan Road, Fanling, N.T.	6097 8247
Unit LG2-29, Level LG2, Festival Walk Tower, 80 Tat Chee Avenue, Kowloon Tong, Kowloon, Hong Kong.	9588 0247
Shop 101, 1/F, Park Ivy, 8 Ivy St, Tai Kok Tsui, KIn.	7072 2247
Shop A, 1/F., Kowloon Centre, 29-39 Ashley Road, Tsim Sha Tsui	5489 0247
Units 801 – 803, 8th floor, Westlands Centre, 20 Westlands Road, Quarry bay, Hong Kong	6092 8247
Shop 119A, 120-123, 125-126, 1/F, 33 Tong Yin Street, Capri Place, O'South Coast, Tseung Kwan O	9581 4247
Shop No. 102, 1/F., Yat Tung Shopping Centre, 8 Yat Tung Street, Tung Chung, New Territories.	9581 7247



	T
10th Floor E-trade Plaza, No.24 Lee Chung Street, Chai Wan, Hong Kong	9519 6247
Shop 123 A, G/F, Tin Ping Shopping Centre, Tin Ping Estate, Sheung Shui, NT	9143 8247
Shop 1, G/F, Lee On Shopping Centre, 23 Sha On Street, Ma On Shan	9715 0247
Shop No. S-223 and S-224, Level 2, Zone S, H.A.N.D.S Yau Oi Estate, Yau Oi Road, Tuen Mun, New	5938 1247
Territories	
Unit B & C on G/F., Shatin Fun City, 7 Lek Yuen St, Shatin	5606 0247
Shop 5A, 5/F, No.9 Po Lun Street, Lai Chi Kok, Kowloon.	6376 3247
1/F. & 2/F., Foon Tak Building No.40 Shing Fong Street, Kwai Fong, N.T.	6367 0247
Shop 3B, G/F, 2 Catchick Street, Harbour View Garden Tower 3, Kennedy Town, Hong Kong	9551 2703
Unit 4, 1/F., Blk 1, Ho Shun Lee Building, 9 Fung Yau Street, Yuen Long	9444 2247
Shop 113F, 1/F, Tin Chak Shopping Centre, Tin Chak Estate, 71-77 Tin Shui Road, Tin Shui Wai, NT.	6263 4247
The Whole Floor of 17/F, Chong Hing Square, No. 601 Nathan Road, Mong Kok, Kowloon.	5266 0247
Shop 12A on 1/F of The Parkville, 88 Tuen Mun Heung Sze Wui Road, Tuen Mun, New Territories	5223 0247
Shop 4A, 1/F, Tsing Yi Commercial Complex, 10 Fung Shue Wo Road, Tsing Yi, NT.	9346 5247
Shop 33, 1/F., Garden Rivera Shopping Arcade, 20-30 Tai Chung Kiu Road, Shatin, N.T.	5348 8247
Shop 31-33, 78-80, 84-87 On LG/F Tsuen Wan Garden I, 15-23 Castle Peak Road, Tsuen Wan.	5227 3247
Rm 02, 1/F, 238 Nathan Road, Kowloon, Hong Kong	9716 3247
Shop No.208 on Level 2 of "K11" No.18 Hanoi Road, Tsimshatsui, Kowloon, Hong Kong	6223 4247
Shop 3, Level 2 of Greenview Court Shopping Centre, Nos. 644-654 Castle Peak Road, Tsuen Wan, New	9688 0247
Territories, HK	
UG /F, Vista, 188 Fuk Wa Street, Sham Shui Po Kowloon	6550 0247
No 201, 1/F, Wing A, Hin Keng Shopping Centre, Tai Wai, Sha Tin, NT.	6560 0247
Shop 1B, 3/F., Po Lam Shopping Centre, 18 Po Lam Road North, Tseung Kwan O, NT.	5262 1247
Shop 302, 3/F., Fung Tak Shopping Centre, Fung Tak Estate, Kowloon	6358 5247
Shop No. 315 & 316, Level 4, Lei Tung Estate, No.5 Lei Tung Estate Road, Hong Kong	5122 4247
Shop 1A & 1B, G/F, Carpark B, Po Tat Estate, Sau Mau Ping, Kowloon	9171 7247
Shop No. 219B, 2/F, +WOO Phase 2, 12 -18 Tin Yan Road, Tin Shui Wai, N.T.	5342 3247
1/F & 2/F, Mangrove, No.68 MA Tau Wai Road, Kowloon	5717 2247
Shop Nos. G01B & M01 on Ground floor, Nina Mall 1, 8 Yeung Uk Road, Tsuen Wan, New Territories , Hong	5428 2247
Kong	
1/F , Nos 5-9 Fuk Lo Tsun Road , Kowloon City, Kowloon	5223 6247
G/F No.59A3 & 1/F , No.142-148 Reclamation Street , Yau Ma Tei, Kowloon	5935 4247
Room C2 On 1/F, Shop No. 26-27 (80G,H), Honour building., No. 78-80W, To Kwa Wan Road., Kowloon	6435 8247
1/F Sin Hua Building, No.122 Wo Yi Hop Road, Kwai Chung, New Territories	5579 5247
Shop No. 305A , 305B and 305C , Third Floor, Tak Tin Plaza, Tak Tin Estate, 223 Pik Wan Road, Kowloon ,	5223 8247
Hong Kong	
The Whole of 1st Floor, United Building, No. 145 King's Road, Hong Kong	5396 4247
Shop D&E, Block A, G/F of Pokfulam Gardens, 180 Pokfulam Road, Hong Kong	6612 2247



GA26-GA31, No. 55 Tai Hong Street, Site A, Lei King Wan, Hong Kong	6485 3247
1st Floor and 2nd Floor, Kiu Fai Mansion, Nos.413-423 King's Road, Hong Kong	6748 4247
G/F, 328 Nathan Road, Kim Tak Building, Jordan, KLN.	5613 6247
All those shops 102 on the first floor of Lok Sing Centre, Nos.19-31 Yee Wo Street and Nos.2-8 Sugar	6589 9247
Street, Hong Kong	
The Commercial Podium (Shop) on the 3rd Floor of Silver Fortune Plaza, 1 Wellington Street, Central, Hong	5578 6247
Kong	
Shop No. 2010, 2/F, MCP Central II, 8 Yan King Road, Tseung Kwan O, New Territories	6761 4247
Shop No. 81-95, Sun Tuen Mun Centre, 55-65 Lun Mun Road, Tuen Mun, New Territories.	9146 1247
Shop E on the First Floor & Entrance on G/F of site 5, Aberdeen Centre	5133 8247
1/F, V Point, 18 Tang Lung Street, Causeway Bay, HK.	5174 0247
Shop No. 132, 1/F Kwai Shing East Shopping Centre, Kwai Shing East Estate, Kwai Chung, N.T.	6368 3247
Shop On Upper Ground Floor No. 46 High Street, Hong Kong.	5162 9247
Shop No. 233 & 234, 2/F, Kai Tin Shopping Centre, Kowloon, HK	9465 7247
Shop 19, G/F, Papillons Square, 21 Tong Chun Street, Tseung Kwan O, New Territories.	6067 8247
Shop 1302, Unit 2 on Level 13 of MegaBox, Enterprise Square Five, 38 Wang Chiu Road, Kowloon Bay, Hong	6939 1247
Kong	
Block M, The Richfield, 236 Kat Hing Wai, Kam Tin, Yuen Long, New Territories.	5202 7247
(G02,G03A,G03B,G03C,) G/F, Island Resort Mall, 28 Siu Sai Wan Road,Siu Sai Wan	4647 4247
Whole shop on 1/F, One East Coast, No. 1 Lei Yue Mun Path, Yau Tong, Kowloon.	5212 5247
Unit Nos. 1601-1613, 16th Floor, Pioneer Centre, 750 Nathan Road, Kowloon.	9614 5247
Shop No.2, Ground Floor, Cooked Food Stalls, Fu Shin Estate, No.12 On Po Road, Tai Po, New Territories,	9232 9247
Hong Kong.	
Shop B-E on 10th Floor, Maxgrand Plaza, No.3 Tai Yau Street, Kowloon.	5991 2247
Shop No. M3-305 & 306, Level 3, Kai Tak Mall 3	9182 0247
G/F and 1/F & 2/F, No. 67B Waterloo Road, Kowloon.	6929 1247
Commercial Unit on 1ST Floor, ONE NEW YORK, No. 468 Castle Peak Road, Kowloon.	6924 0247
Shop Unit 210, Maritime Square 2, Tsing Yi, NT.	5523 6247
Shop Unit 139, 1/F, THE SOUTHSIDE, Wong Chuk Hang, Hong Kong.	5219 4247
S045A On Ground Floor of Building 10W, Phase 2 of Hong Kong Science Park	9233 4247
Shop No. 2, 1/F, Commercial Areas, Marbella, No. 23 On Chun Street, New Territories.	5587 4247
Shops D2-G, 15/F, TG Place, 10 Shing Yip Street, Kowloon	5294 4247
Shop Unit No.110, First Floor, DB Paza (Block C), Discovery Bay City, Lantau Island, New Territories.	6538 2247
Unit LG2-29, Level LG2, Festival Walk Tower, 80 Tat Chee Avenue, Kowloon Tong, Kowloon, Hong Kong.	5470 7247
Shop Nos. 3209-3213, 3/F, Zone B, Lok Fu Place, Kowloon	6600 8247
Shop No. 121, Ground Floor, Lok Wah Shopping Centre, Lok Wah South and North Estate, No.70 Chun Wah	5187 9247
Road, Ngau Tau Kok, Kowloon, Hong Kong	
Shop Nos. G14-G18, Ground Floor, Lee Hong House, Shun Lee Estate, 15 Lee On Road, Kowloon, Hong	5205 6247



Kong	
Shop 8&9, L1 Fanling Town Centre, Fanling	6123 2247
Shop 120, 1/F Green Code Plaza, No. 1 Ma Sik Road, Luen Wo Hui, Fanling, New Territories	6601 9247
Shop No. R402A & 402B, Fourth Floor, Commercial/Car Park Block Choi Yuen Estate, Sheung Shui, NT	6385 7247
Shop 3-7, Tai Man House, Tai Yuen Shopping Centre, Tai Po	9234 6247
The Whole Of Upper Ground Floor, Kellie Mansion No.22 Yuk Wah Crescent KLN	6303 0247
2/F., Shop No. 203, Hing Tung Shopping Centre, 55 Yiu Hing Road, Shau Kei Wan, Hong Kong	9074 7247
3/F., 20-28 Chengtu Rd, THF Mall, Aberdeen.	6033 7247
Shop 202-203, 2/F, Soho West, 10 Lai Ying Street, Kowloon	9673 6947
Shop G308-311 & 315, G/F Square Mile, 38 Fuk Chak Street, Kowloon	9674 5947
Shop 402, 4/F Dock 1A, No. 1A Chui Tong Road, Sai Kung, N.T.	9808 7247
Shops L3 and L3-3A, Level 3, Commercial Accommodation, Villa Esplanada, No. 8 Nga Ying Chau Street,	6286 2247
Tsing Yi, N.T.	
Shop No. 10A, Level 3, Bellagio Mall, No.33 Castle Peak Road, Sham Tseng, New Territories.	6581 3247
2/F, The Vertex. 29 Tonkin street, Kowloon, Hong Kong	9766 2247
The Entire, 27/F, New World Tower 1, 16-18 Queen's Road Central, Central	6806 1247
Shop No. 172 & 277 on First and Second Floor of Mira Place 2, 118-130 Nathan Road, Tsim Sha Tsui,	9881 6247
Kowloon	
Shop F, G/F of Luen Hong, Shop S & L, G/ F of Luen Gay and G/ F of Luen Sing Apartments, 116-122	6692 0247
Belcher's Street,. Kennedy Town, Hong Kong	
Shop 621, 6 Floor of Metroplaza, 223 Hing Fong Road, Kwai Chung	Coming Soon
Shops Nos. W201 & W202, 2/F., TKO Gateway	9080 6247
Shop A&B, G/F & 1/F, Mong Kok Building, 546 Nathan Road, KLN.	9883 2247
Shop 1-7 · 8-13, APIER, G/F, 322 Ap Lei Chau Bridge Road, Ap Lei Chau	90318247
Shop 5 on G/F Springdale Villas, No. 80 Ma Tin Road, Yuen Long, N.T.	6822 3247
G/F, Chestwood Court, No.8 Tin Shui Road, Tin Shui Wai, New Territories.	Coming Soon
Shop A, 3/F, Fou Wah Centre, No.210 Castle Peak Road, Tsuen Wan, New Territories	Coming Soon
Shop Nos. 1-2 on G/F of Centre de Laguna, Phase 3, Laguna City, 93 Cha Kwo Ling Road, Kowloon.	Coming Soon
Shop 302-303, 3/F., TKO Spot, 2 Tong Ming Street, Tseung Kwan O.	9777 4247
Shop Unit B, 8/F, D2 Place TWO, No.15 Cheung Shun Street, Lai Chi Kok, Kowloon	Coming Soon
Shop 201, Yan On Shopping Centre (Phase 2), Yan On Estate, Ma On Shan	9211 7247
G/F., Arts Mansion, 43 Wong Nai Chung Road, Happy Valley, HK.	9664 4247
3/F, Tai Hung Fai (Tsuen Wan) Centre, No.55 Chung On Street, Tsuen Wan, New Territories	Coming Soon
Level 2 Shop 2, Beach Commercial Complex, 8 Pak Lai Rd, Park Island, Ma Wan	6388 4247
Shop No. 219-221 and Shop No. 228-230, Second Floor, The Arles, 1 Au Pui Wan Street, Fo Tan, New	9777 4247
Territories	